



## Monthly Meeting

### NO MEETING IN AUGUST

There is no membership meeting for August -- enjoy the summer. The next monthly meeting will be on September 18<sup>th</sup>. This is on the THIRD Tuesday of the month, not the second Tuesday as the Wyckoff Reformed Church has its nursery school program that day. In October, we have our Breakfast Meeting at the Brick House in Wyckoff starting at 9:00am on October 9<sup>th</sup>. The cost is \$9 per person. Please mail your checks to Don Wasson.

The Deadline for the September Newsletter articles is **August 29, 2012**. Please remember to use my new email address: **lguarneri03@gmail.com**  
**Or mail to: Lou Guarneri**  
**128 MacLeish Court,**  
**Mahwah, NJ 07430**

## October Breakfast

AU will hold its annual breakfast meeting this fall at The Brick House in Wyckoff. The particulars are as follows:

**Date:** October 9th

**Place:** The Brick House,  
179 Godwin Avenue, Wyckoff

- Coffee service will be available at 8:30AM
- Breakfast Buffet will open at 9:00AM  
(tables will be randomly called)
- \$9.00 cost per member

The breakfast will be held at the beautiful Brick House restaurant in Wyckoff. This has always been a well attended event, so make sure you get your check in early. We were able to hold the price at \$9.00 per member, which makes it the best value in town. Don't miss this once a year opportunity to join your AU friends and share this memorable breakfast meeting.

Checks should be made payable to Activities Unlimited. Either bring your check to the next meeting or send it to:  
**Don Wasson 14 Appert Terrace, Mahwah, NJ 07430.**  
See you all at the Brick House  
October 9th.

## Dr. Mike Loreti

It is with sadness and regret that we report the death of **Mike Loreti** who died suddenly and unexpectedly on July 1. Mike leaves behind his beloved wife and high school sweetheart Barbara, three sons and daughters-in-law, and four grandsons. Mike specialized in the practice of ophthalmology for 30 years, and also served on the surgical staffs of Passaic General Hospital and Saint Mary's Hospital, also in Passaic where he had his practice.

In addition to his wife and family, Mike had a life-long love affair with music, particularly jazz. He was a virtuoso on the accordion which he played as a young boy and in high school and college. However, his love of Jazz led him to the vibraphone which he taught himself to play, and which was more suitable to playing jazz music. With Activities Unlimited, Mike was a valuable and enthusiastic member of the AU Guys Band. We will all miss him.

## Food Pantry

At the June meeting, \$159.50 was given as donations to the Food Pantry.



## Duplicate Bridge Results

		1st	2nd	3rd
7/4		NO PLAY		
7/11	NS	Freimuth/Sileo	Finn/Socolof	Martin/Reed
	EW	Smith/Lewis	Riccardi/Warner	Milcos/McGuire
7/18	NS	Warner/Lewis	Riccardi/Weist	Page/Socolof
	EW	Desrosiers/Martin	Finn/Coughlin	Milcos/Reed
7/25	NS	Freimuth/Reed	Wiest/Sileo	Milcos/Lewis Gattoni/Coughlin
	EW	Boylan/Warner	McGuire/Green	Crawford/Riccardi

	Officers		Meeting
<b>President</b>	Joe Kelly	891-8026	2nd Tue 11am
<b>1st Vice-Pres.</b>	Frank Nusspickel	891-9099	
<b>2nd VicePres.</b>	Don Wasson	891-1873	
<b>Secretary</b>	Joe Meighan	891-4909	
<b>Treasurer</b>	Herb Umland	891-6638	
<b>Asst. Treas.</b>	Jim Jeffers	891-9603	
	Committees		
<b>AU Guys</b>	John DeSantis	447-0256	
<b>Book Club</b>	Joe Clinton Joe Infosino	447-2261 337-5442	Wed after the AU General Meeting 9:30
<b>Dup. Bridge Rub. Bridge</b>	Joe MacDougall Wes Cheringal	891-4048 848-8009	Wed 1 pm M,F 1 pm
<b>Digital Camera</b>	Ed Trerotola	236-1368	
<b>Care-Concern</b>	Joe Clinton Paul Hennion Don Martin	447-2261 891-4716 891-2279	
<b>Chaplain</b>	Rev. D. Bach	891-1782	
<b>Chess</b>	Bill Schultz	891-5327	3rd Thru 9:30
<b>Gardening</b>	Joe Lamela	327-8137	1st Wed.10:00
<b>Golf</b>	Bruno Bissetta	891-7567	
<b>Hiking</b>	Jack Alber	891-2870	Mon 9:00
<b>Historian</b>	Dom Manobianco	891-7185	
<b>Investment</b>	Herb Umland	891-6638	2nd Thru 9:30
<b>Model RR</b>	Lou Guarneri	847-1981	Wed. 7PM
<b>Membership</b>	Dick Gattoni	652-0064	
<b>Newsletter</b>	Lou Guarneri	847-1981	
<b>Project Outreach</b>	Marty McGonigle	529-1941	
<b>Photographer</b>	Chuck Bainbridge	447-2910	
<b>Public Disc.</b>	Walt Widmer	562-8666	4th Fri 9:30
<b>Refreshments</b>	Hank Boucher Frank Turi Andy Grace	445-2633 <b>973-513-9117</b> 337-4360	
<b>Science</b>	Jack Yurasek	337-4433	3rd Tues 10.00
<b>Skiing</b>	Bud Brooks	327-6649	Snow
<b>Sponsor Liaison</b>	Mike Wolff	891-4426	
<b>Stock Market</b>	Ramon Casaprima	891-3394	2nd Tues. 9:00 4th Tues. 9:00
<b>Tennis</b>	Dom Manobianco	891-7185	MWF
<b>Transport.</b>	Ron Miller	891-5734	
<b>Trips/Tours</b>	Lou Guarneri George Lewis	847-1981 891-5883	2nd Tues 10:30

## The Golf Club



### AU GOLF TRIP - AUGUST 2012

Last year's Pennsylvania golf trip was such a hit that we have decided to repeat it. This year's three-day, two-night excursion will take place Wednesday - Friday August 8-10th. The courses again will be Architect's in NJ on the way out and Golden Oaks and Old Homestead while there. The cost has been held at \$350.00 which includes: greens fees & cart, driving range, at all three venues, two-nights lodging w/breakfasts, welcome drinks and gift. The Holiday Inn Conference Center outside Allentown, PA is where the weary duffers will rest their heads and prepare for the next day's matches. Players can choose to play from the white or senior tees and there will be prizes for both.

Payments are to be sent to our AU Treasurer **Herb Umland**, 344 Longbow Drive, Franklin Lakes, NJ 07417. Make your checks payable to "Activities Unlimited" and state what they are in payment for. The first installment of \$200 is due June 15th and the \$150 balance by July 15th. Please list your room mate when submitting your checks.

Let **Marty McGonigle** know by e-mail [mmbmcg@optonline.net](mailto:mmbmcg@optonline.net) if you intend to make the trip. We already have 12 AU members signed up and should exceed last year's total of 16.

- **Marty McGonigle**


**Welcome New Members**

Name (Spouse)	Address	Employment	Interests	Home/Email
Emanuel (Manny) M. Leaf (Susan)	695 Ginger Lane Franklin Lakes, NJ 07417	CPA	Book Club, Bridge, Investments and Stock Market	379-680-4201 sueanden@aol.com

**HOBBYIST GOLF MATCH ALL SET**

The fifth annual golf match against the Ridgewood Hobbyists is set for Tuesday, August 14th. Wallkill Golf Course will be the site since we are the home team and tee time is 8:30 AM with a Shotgun start. The cost is \$47.00 per golfer and includes hamburgers, hot dogs, salads and a choice of one beer or soft drink. Our team had 32 golfers last year and expect as many or more for this year's match. It is important to get your intention to participate or not to **Marty McGonigle**: [mmbmcg@optonline.net](mailto:mmbmcg@optonline.net) ASAP.

If playing, have your checks made out to "Activities Unlimited" and please note on them what they are for. Send them to our Treasurer: **Herb Umland**, 344 Longbow Drive, Franklin Lakes, NJ 07417. The final number of AU golfers will depend on the number of opponents. Last year we had 32 golfers and the hope is for as many or more. Your response timing will be a factor in that final list. Participants should wear their AU shirts and hats so we natively attired. We are in possession of the trophy and want to keep it so I encourage you to get in as much practice as possible between now and August 14th. Let's stretch our lead to 4 and 1!

<h2 style="margin: 0;">The Book Club</h2>	
---	--

At our July meeting we reviewed three very different books. **Lee Warner** led off with "The Help" (Kathryn Stockett), a novel that takes place in Jackson, Miss. in 1962. The story involves a diverse group of women, on both sides of the racial divide, in this case black maids and their white female employers, and a young white college grad attempting to write a story about these relationships. It's a wonderful story with some humor as well as serious reflection and some surprises along the way.....**John Oates** gave an excellent presentation of "Man's Search For Meaning" (Viktor Frankl), a riveting description of the author's horrendous ordeal and survival in Nazi concentration camps. The author, a psychiatrist at the time of his imprisonment, postulates that it's a person's finding meaning in his life that sees him through life's difficulties and keeps him on an even keel. Not everybody agreed on what constituted "meaning," leading to a spirited discussion. One of our members, **Tom Fitzpatrick**, added a little spice to the proceedings by providing us with his impression of Viktor Frankl, whom he had an opportunity to meet in the course of his own academic career.....We headed in a more light hearted direction when **Joe Clinton** discussed "Singin' in the Rain - The Making of a Masterpiece" (Earl Hess). The American Film Institute ranks this movie as the number one movie musical of all time. The book gives the complete inside story of how this movie was made, marketed and received. It details the genius of Gene Kelly and gives interesting biographical sketches of the other leading actors as well (Debbie Reynolds, Donald O'Connor, Jean Hagen and Cyd Charisse). A fun read.

Our next meeting will be September 19th after the AU general meeting.

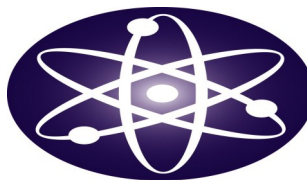
No books have been selected for September. Instead, we are asking each member to recommend two books at that meeting, giving a very brief description of each. From these recommendations, we will compile a list from which subsequent monthly selections will be made.

**Joe Clinton**

**Public  
Discussion  
Group**

It was surprising the mileage we got out of the Supreme Court ruling on the Health Care bill. A number of the group saw the ruling strongly affecting the next election. The discussion even caused a number of the group talking about the problems affecting the end of life. The next topic was more interesting, Mandatory elections. Most felt the problems associated with forcing people to vote would only complicate the issue. It was noted there are 17 rare elements required today for the modern electronic equipment and our need to recycle our garbage. The topics for August 24 are: Unions good and bad, The economic down turn and Gun Control.

## The Science Club



Science

While the Science Club will not meet in July or August, plans for interesting Meeting topics and Tours are continuing now, and summarized as follows:

The September meeting will be on Tuesday, September 25th, 2012 at 10:00 AM on the second floor of Heneveld Hall. Peter Griffin will give a talk on Population Growth problems (from 7 billion on earth now to 9 billion by 2050), with implications on Environmental issues, Fuel, Food, Potable Water, Housing, Jobs, and Housing. Peter will update information from his presentation several years ago, and the information promises to be challenging.

On the first Saturday in October (10/6), the Science Club will visit the Lamont-Doherty Earth Observatory in Palisades, NY (close to Alpine, NJ), for its annual Open House. Several members of the S/C have attended the Open House previously, which includes opportunities to view exhibits and speak to professors etc., and they have indicated the trip is a 'must see/return'. The trip will be by private car, with the exhibits starting at 10 AM.

During November, probably the first Thursday (11/1/12) a Trip is planned to the Liberty Science Museum. If interest is sufficient, a Bus Trip can be arranged.

In December, Dr. Ronald Cauchard (an Optometrist whose Office is in Wyckoff) will update us on current testing approaches associated with Cataract and Glaucoma eye issues, with emphasis on 'early detection'. These problems are of special importance for seniors, and a discussion of new sophisticated computer controlled diagnostic tools will be included. Note this talk is planned for the Regular AU Monthly Meeting scheduled for Tuesday, Dec 10.

Details for these trips will be included in the Monthly Newsletters. Note that the May meeting, **Bob Saletta** repeated that the 'life blood' of the Science Club is having people volunteer to give talks, and he distributed very useful and practical information on methods to prepare a talk. Bob has an extensive collection of 'Teaching Company' DVDs (with supporting text) which can be used for a presentation, and he would like members to contact him for their use.

Again, thank you to all those who helped this year, and all ideas for future talks and suggestions to improve the Science Club are welcome.

**JACK YURASEK** (201-337-4433)

## ACTIVITIES UNLIMITED WEBSITE

Our member, **Don Kirkpatrick**, has been working with the Board of AU to create a new website for Activities Unlimited. This website will replace our existing one (yes, we did have one) and it promises to be very useful for our members and to recruit new members. It is very much a work in progress but the basic format is there for members to see. It can be accessed at [www.activitiesunlimited.org](http://www.activitiesunlimited.org) or through Google by searching for "activitiesunlimited.org"

Briefly, there is a Home page that will have some general information and current news items. Across the top of the Home Page are links to other sections for "Activities", a "Calendar" of scheduled events for the month, the "Newsletter" with current and past editions, "Trips & Tours" for their events, "Membership" with a membership roster (available only to members), and a page to "Contact Us" to be used by members and non-members.

The next major undertaking will be to work with the committee / club chairmen to populate the website for each activity so that it meets the needs of each of the activities. It can be used to publish events, both past and future, including pictures and other information. Trips and Tours will be able to publish future events and include a link to other sites for more information on planned tours. Pictures of past trip and tours can also be included.

The above is only a brief introduction to the possibilities of the website. Don has done a great job so far but we will need the help of other members to make it a first class website. Everyone is invited to visit the website. Comments and suggestions are encouraged and can be discussed with **Frank Nusspickel** (201-891-9099) or any member of the Board.

When further developed, we will have a full presentation of the website at a future membership meeting with a walk-through on how to use it. Lets work together to make this a truly great and useful website.

## **Physical Exercise**

I have discovered the TNT Bootcamp, an exercise facility in Oakland run by two ladies to help thirty/forty something's to keep in shape. For the purpose of full disclosure, these two ladies are friends of my children and I have known their families and them since they were teenagers.

They have kindly agreed to teach me age appropriate (seventies/eighties something's) exercises and give me nutrition counseling. I exercise for one hour three times a week on alternate days and I have changed my eating habits a little. After three months, the results are more or less one-pound weight loss a week and a couple of inches off my waistline. Moreover, my sugar level and blood pressure are again within the normal guidelines. My balance and strength have increased considerably. As old age is creeping up on us, the doctors keep prescribing more pills after every visit. I have better results with just a little sweat and more careful eating (not less, just a little different).

My one on one workout obviously costs a little more money, but I still consider it worth the result I have achieved. If we could get a dozen or so people to take part, the individual price would become reasonable. This program is appropriate for both men and women, therefore please show this to your ladies. The younger group has a lot of fun hence I could imagine that doing this workout with a group of friends will be a lot of fun too.

Call me if you want to learn more about this opportunity so we can arrange an appointment with the ladies. The basic idea is simple: Do you want to spend your eighties as an invalid, or do you want to keep your strength and mobility to enjoy life?

**Werner Kofler** 201 445 7786

## **Route 66, The People - The Places - The Dream**

In May of 2009 my good friend, Sal Santoro and I departed New Jersey in my old Cadillac convertible headed for the Cadillac & LaSalle Club Grand National in Las Vegas via historic Route 66. We drove all 2,448 miles of “The Mother Road” which runs from Chicago to Santa Monica, California before heading back east toward Vegas. In our more than five weeks on the road we had exciting experiences, met wonderful people, took 8,300 pictures and wrote 140 pages of journals.

Prior to our trip we had no intention of writing a book. However, after we returned and did a presentation for our friends, several of them suggested we use that material to write a book. It has taken us two years to transform those photos and journals into a work which not only memorializes our odyssey but also encourages readers to “Live *their* Dreams!”

Sal and I, “The Route 66 Cadillac Guys,” are pleased to announce the official release of our book, “**Route 66, The People - The Places - The Dream.**” It is the story of our epic 7,292 mile, 38 day adventure in my 1968 Cadillac convertible told in 260 pages including over 500 full color photos. You are invited to come join us at our *Route 66 Presentation and Book Signing* at 7pm on Tuesday, August 21<sup>st</sup>. The place: American Legion Hall Post 227, located at 180 Union Boulevard Totowa, New Jersey. Admission is free and snacks and refreshments will be served. After the presentation we will be happy to inscribe and/or sign your books and you will receive our Friends and Family discount. *Please respond via email or call (201) 819-0070 with your name and the number of people attending*, so we can plan properly and prepare the facility.

Obviously, for those of you who live a distance away, attendance will not be possible unless you just happen to be visiting the North Jersey area at that time.

For those who cannot attend but would like to purchase one or more copies of the book, you can either:

1) See me anytime in person. You will still receive the discount.

2) Order our book online at [www.Route66CadillacGuys.com](http://www.Route66CadillacGuys.com) using Friends and Family discount code “FF66”. You will receive the discount, but you will have to pay shipping.

There is New Jersey Sales Tax of 7% on all books sold point of sale in New Jersey or shipped to an address in New Jersey. In person we accept cash as well as credit and debit cards. Those placing online orders can use PayPal.

Please forward this message to anyone you know who appreciates history, old cars, fun road trips, nostalgia and especially iconic Route 66, as they will surely enjoy our book.

We would like to express our thanks to those who encouraged us through the lengthy and challenging process of producing “Route 66, The People – The Places – The Dream”. We genuinely appreciate your encouragement and continued support.

Thank you and we hope to see you on August 21st!

**Bob Walton**

---

### **New York Harbor Cruise**

On July 26, 35 people enjoyed a New York harbor cruise. The day started with thunderstorms but the storms left the area before the Spirit of New Jersey sailed at noon. After a buffet lunch on board the members enjoyed a 2 hour cruise of the lower harbor. The ship sailed to the Statue of Liberty and then on to lower Manhattan and the new Freedom tower, the South Street Seaport, the Brooklyn Bridge and many other sites.



## Trips, Tours & Special Events Calendar

Checks for these events, payable to Activities Unlimited accepted at the monthly meeting.

**Thursday, August 2, 2012—Baseball followed by Fireworks** - Pomona N.Y. **Rockland Boulders vs Newark Bears** at 7 PM. Food is available at concessions. Only a 30 minute drive from Wyckoff. We will Car Pool from WRC at 5:45 PM sharp, or drive from your home. Guests are welcome. We will buy tickets (about \$12pp) at the stadium that night. If you would like to attend, call **Terry Gilly** at 201-891-4055

**Thursday, Aug 30, 2012 - Westchester Broadway Theatre** - This Dinner Theatre located in Elmsford, NY is presenting the wonderful Cole Porter's popular musical and dance production of CAN-CAN. Winner of two Tony Awards, this musical extravaganza will take us back to another era, when the Moulin Rouge was the rage of Montmartre - Paris. Assigned seating (stadium seating instead of by tables) will be determined by the order in which checks (for \$81.00 pp.) were received. Trip includes bus, lunch and a matinee performance. Six different entrees will be available which will be seat selected at the Playhouse for either-beef stroganoff, chicken piccata, cheese ravioli with meat ball, egg plant parmesan, filet of sole with either crab meat stuffing or with lemon/butter. Bus departs at 9:30AM from the Wyckoff Reform Church parking lot. **Last chance; two tickets are still available for this special song and dance venue.** Contact **Ramon Casaprima** (201 891 3394) for any additional information/clarification".

**Thursday September 20, 2012—Wine and Appetizer Social** at the Brookside Manor Clubhouse, which is about 5 minutes from the WRC (Wyckoff Reformed Church). There will be some wine tasting and plenty of appetizers (Shrimp, Chicken, Swedish Meat Balls, Pigs in a Blanket, just to name a few, plus beer & soda). No one will leave hungry. It will run from 6:00 PM to 9:00 PM. The cost is \$37.00 pp. This social will be limited to 50 people because of the size of the clubhouse. Please sign up ASAP to reserve your place for this party. Make checks payable to Activities Unlimited no later than September 1st, and send them to **George Lewis**, 45 Walnut Street West, Mahwah, NJ 07430. (201) 891-5883

**Wednesday Oct 3, 2012-Mount Airy Lodge**--- MYSTERY SHOW, at Mt. Airy Casino. PA. The Show is Grandpa Tony's Funeral. This original comedy takes place at a Mafia Godfather's funeral. Audience members enter thru a metal detector, offer their sympathies, and act as pall bearers. Tony was shot and rumor has it the killer is at the funeral. The real question is who will be the next Don? The cost for this trip is \$40. pp. and includes the Bus, a Buffet, the Mystery Show and \$25. in slot play. Make checks payable to AU and mail to **Larry Restieri**, 105 Fisher Rd. Mahwah, NJ 07430. (201-825-5843). The Bus will leave WRC at 9:15 am and return after the show.

**Tuesday, October 23, 2012: OCTOBERFEST at Platzl Brauhaus** in Pomona, NY. A day of Music, Dancing, Entertainment and of course Food. On arrival as a starter Coffee, Tea, Scones and Donuts. For Dinner at noon there is Barley Soup, Salad, Rolls, Bread & Butter followed by a choice of Roasted Half Chicken, Roast Pork or Sauerbraten, Potato and Vegetable. Also served Family Style Bratwurst, Spare Ribs, Red Cabbage, Sauerkraut, Applesauce and Fresh Apples. Ice Cream along with Coffee and Tea, Beer, Soda and Apple Cider will be served from Noon to 5PM. At 4 PM there is a Steamship Roast from the Carving Table, Pretzels, Coffee & Tea.

We drive ourselves or carpool to Platzl's which is only about a 20 minute drive from Wyckoff. Driving directions in a later edition of Newsletter. \$44 per person. **Dick Botta**, 413D Bromley Place, Wyckoff, NJ 201-848-9001

**Nov-Grand Chalet-Dinner and Dancing**

**Monday-Dec 17, 2012– Christmas Party**

### 2013 Thoughts:

Newport-Boston 3-5 day trip

Valentines Dinner—Dance

Newark spring trip



**First-Class Mail**